

Performance Standard	Objectives	Strategies	Person(s) Responsible	Time Frame	Documentation
1304.23 1304.23(2) 1304.23(a)(1)	<p data-bbox="470 269 674 297">Child Nutrition</p> <p data-bbox="380 345 764 516">Work together staff and families to identify each child's nutrition needs, taking into account staff and family discussions.</p> <p data-bbox="394 602 749 773">Relevant nutrition-related assessment data (height, weight, hemoglobin/hematocrit and lead screening.</p>	<p data-bbox="793 345 1171 443">Interview parents concerning information on nutrition assessment.</p> <p data-bbox="793 565 1241 1027">Height and weight will be done on each child and graphed on growth chart twice per year. Hemoglobin or hematocrit and lead screening will be done according to EPSDT schedule. Follow up will be provided as needed. Early Head Start children will obtain medical Records from physicians to ensure Children or on schedule. If not Head Start will work to get the children on schedule according to EPSDT guidelines.</p>	<p data-bbox="1276 345 1419 373">Total staff.</p> <p data-bbox="1276 565 1455 703">Health manager. Center staff. EHS Director</p>	<p data-bbox="1491 345 1696 373">August/ongoing</p> <p data-bbox="1491 565 1696 592">August/ongoing</p>	<p data-bbox="1728 345 1892 373">Health form.</p> <p data-bbox="1728 565 1927 592">Health records.</p>

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1304.23(a)(2)	Information about family eating patterns, including cultural preferences, special dietary requirements for each child with nutrition-related health problems and each child with disabilities.	Interview parents on specific dietary requirements and information from medical persons. Reports for each child with disabilities. Staff will work closely with the child's physician/Nutritionist will provide staff development/parent education/adaptation/accommodations as needed for children with disabilities.	Total staff. Nutritionist.	August/ongoing	Health records. Medical records
1304.23(a)(3)	Information about infants and Toddlers current feeding schedules, amounts and types of food provided including Breast milk or formula.	Interview parents and fill out forms About eating habits, milk and if child is eating. Types of food/milk and food/milk tolerances.	Total staff	August/ongoing	Health and medical records.
1304.23(a)(4)	Information about major community nutritional issues.	Check with Health department concerning nutrition issues in different communities. Interview parents about different issues.	Total staff	August/ongoing	Office health folder. Newspaper articles. Health Department correspondence.

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1304.23(b)(1)	<p>Design and implement a nutrition program that meets the nutritional needs and feeding requirements of each child including those with special dietary needs and children with disabilities. Also a variety of foods which consider cultural and ethnic preferences and which broaden the child's food experiences will be served.</p>	<p>In areas where we maintain food facilities menus will reflect cultural and nutritional needs of children we serve. Obtain parent information. Secure contract with L.E.A. Provide well balanced snacks. Make program provisions for special nutrient of children with disabilities. Modification will include children with special medical or dietary needs. Modified according to each child's individual needs as determined by appropriate consultants/diagnosticians, and the disabilities/nutrition managers will alert staff to watch for baby bottle tooth decay.</p>	<p>Parents, Director, Managers Center staff, LEA, Nutritionist</p>	<p>August/ongoing . In service as needed basis.</p>	<p>Contracts, Advisory minutes. Menu, health folder. Medical statements Agendas</p>
1304.23(b)(1)(1)	<p>Funds from USDA Food and Consumer Services Child Nutrition Programs will be used as the primary source of payment for meal services. Head Start funds will be used to cover those allowable costs not covered by USDA.</p>	<p>USDA funds will be used as main source of funds. Head Start funds will only be used to cover costs not covered by USDA.</p>	<p>Nutrition manager, Fiscal office.</p>	<p>Monthly</p>	<p>CACFP claim for reimbursement.</p>

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1304.23(b)(1)(ii)	Each child will receive 1/3 to 2/3 of the child's daily nutritional needs.	All children will receive breakfast or supplement and lunch meeting at least 1/3 to 2/3 of daily needs.	Cooks, Teachers	Daily	Menus, meal count sheet.
1304.23(b)(1)(iii)	All children who have not received breakfast at the time they arrive at the program receive breakfast.	Children who have not had breakfast at the time they arrive will receive either breakfast/or supplement depending on location.	Center staff	Daily	Meal count sheet.
1304.23(b)(1)(iv)	Each infant and toddler in center based settings nutritional, developmental and Feeding skills will be met.	Infants and toddlers will be fed According to needs, developmental And feeding skills as recommended by the USDA meal pattern or nutrient standard menu planning.	Staff	Daily	Meal Count sheet,

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1304.23(b)(1)(v)	Quantities and kinds of food served will conform to recommended serving sizes and minimum standards for meal patterns recommended in the USDA meal pattern or nutrient standard menu planning requirements.	All servings will meet meal pattern as recommended by USDA and will be posted in classrooms.	Cooks, Center staff	Daily	Menu planning book, Bulletin boards
1304.23(b)(1)(vi)	Foods served must be high in nutrients and low in fat, sugar, and salt.	Foods served will have nutritional value low in salt, fat and sugar content.	Cooks	Daily	Menus
1304.23(b)(1)(vii)	Meal and snack periods must be appropriately scheduled and adjusted where necessary to ensure that individual needs are met.	Meals will be scheduled at same time each day to ensure smooth transition and make adjustments as needed.	Total staff	Daily	Menus, Daily schedule

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1304.23(b)(2)	Home based program must provide appropriate snacks and meals to each child during group socialization.	Children will be served Breakfast And Lunch during group socialization.	Staff	Monthly	Meal Count sheet
1304.23(b)(3)	Staff must promote effective dental hygiene among children in conjunction with meals.	Children will brush after breakfast. Staff will brush with children to be a role model. Bright Smiles Bright Futures will be used as the dental curriculum and will be integrated into lesson plans. Full day will brush after lunch also.	Center staff	Daily	Daily schedule. Lesson plan. On site observation.
1304.23(b)(4)	Parents and appropriate community agencies must be involved in planning, implementing, and evaluating the agencies nutritional services.	Health advisory committee will be involved in planning, implementing and evaluation of the agency nutritional services.	Health manager, Advisory committee.	August & January	Agenda's. Sign in.

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130423(c)	Ensure that nutritional services in center-based settings contribute to the development and socialization of enrolled children.	Teachers/assistant will serve as role models, classrooms will be well lit, all will share same menu. Conversation will take place and child size furniture will be used.	Classroom staff.	August/ongoing	Observation, Lesson plan
1304.23(c)(1)	Variety of food is served which broadens each child's food experiences.	A variety of foods will be served such as ethnic, cultural dishes. Tasting parties will take place so children can taste foods in different forms. Nutrition curriculum Food Groupies, Choosey and I am moving, I am learning will also be used to introduce new foods.	Classroom staff.	Daily	Observation, Lesson plan
1304.23(c)(2)	Food is not used as punishment or reward, and that each child is encouraged but not forced, to eat or tastes his or her food.	Children will not be rewarded or punished with food. All food will be served at the same time nothing will be withheld.	Classroom staff.	Daily	Observation
1304.23(c)(3)	Sufficient time is allowed for each child to eat.	At least 30 minutes will be allowed for children to eat. More time will be allowed depending on need of child.	Classroom staff.	Daily	Schedule

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1304.23(c)(4)	Children and assigned classroom staff, including volunteers eat together family style and from the same menu to the extent possible	All persons will share same menu in family setting where possible	Classroom staff	Daily	Menu & observation
1304.23(c)(5)	Infants feeding.	All infants will be held while feeding.	Staff	On going	Feeding chart.
1304.23(c)(6)	Medically-based diets or other dietary requirements are accommodated.	Parents, nutrition manager, will work together to develop ways to incorporate special dietary needs into the regular menu. Explore child comfort ability with special diets and include in all meals time activities. Initiate team consultation to plan meals for children with special diets. Share child special dietary needs with the cooks if applicable.	Parents, Managers, Medical Drs.	As the need arises.	Agenda's sign-in, health records, physician's statement.

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1304.23(c)(7)	Developmentally appropriate, opportunity is provided for the involvement of children in food-related activities.	Children will be allowed to place napkins, straws, silverware on tables where it is allowed by licensing. Children will serve seconds in centers where it is permissible.	Classroom staff	Daily	Observation Schedule
1304.23(d)	Include opportunities to assist individual families with food preparation and nutritional skills in parent education activities.	Individual and group training will be provided and parent will be encouraged to share cultural information.	Total staff	Monthly	Lesson plan, Agenda's, Sign-in, Parent teacher conference.

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1304.23(e)(1)	Food Safety and Sanitation. Post evidence of compliance with all applicable Federal, State, Tribal and local food safety and sanitation laws, including those related to the storage, preparation and service of food and the health food handlers. Contract only with food service vendors that are licensed in accordance with State, Tribal or local laws.	Health and sanitation inspections will be posted. Foods will only be purchased from services that meet applicable federal and state laws.	Cooks	On going.	Posted
1304.23(e)(2)	Storage and handling of breast Milk and formula	All bottles of breast milk will be labeled and stored in refrigerator. All formula will be made as the need arises bottle by bottle. All milk left in bottles will be disposed of and bottle washed and sterilized. All intakes will be logged on individual chart.	Staff	According to child's schedule	Individual chart.

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